

Welcome Back to School



Nutri-Serve Food Management

We are proud to celebrate our 30TH YEAR in the business of serving healthy & delicious meals to 94 school districts in the South Jersey, Central Jersey & Eastern Pennsylvania Area.

Nutri-Serve Food Management is excited to team up with *Mt. Laurel School District* for the 2016-2017 school year. Here are some of the highlights of what we do best....School Food Service!

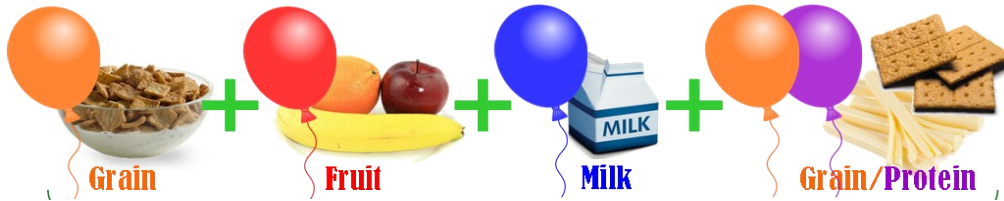


The National School Breakfast and Lunch Programs are regulated by the United States Dept. of Agriculture (USDA). Participating school districts receive meal reimbursements and reduced price USDA donated foods, which help keep meal prices reasonable for families across the nation. School Lunch and Breakfast Programs must adhere to strict nutrition regulations.

GET A BREAKFAST BOOST!

The National School Breakfast requires 4 Items: **Grain, Fruit, Milk, Grain/Protein**

Under USDA's Offer vs. Serve policy, school breakfast programs are required to offer all components and students must select at least 3 items (with one being a fruit).



PRICES:
Regular Breakfast: \$1.25
Reduced Breakfast: \$0.30
 Students must take at least 3 out of 4 components including a fruit.

THE MEAL DEAL!

USDA's School Lunch Regulations requires 5 lunch components: **Grain, Protein, Vegetable, Fruit & Milk.**

Under USDA's Offer vs. Serve policy, school lunch programs are required to offer all components and students must select at least 3 items (with one being a fruit or vegetable).



PRICES:
Regular Lunch: K-4 \$2.30 5-8 \$2.40
Reduced Lunch: \$0.40
 Students must take at least 3 out of 5 components including a fruit or veggie.

If your child is free or reduced eligible for lunch, the same applies for breakfast!

For your convenience, **online prepayments** are possible using the site www.schoolpaymentportal.com with your child's student ID. Through this site, you will be able to transfer money to your child's account, track purchases, create reminders and set up automatic payments. If preferred, you may continue sending in either cash or check with your student and this payment can be applied to your child's account by any cashier.

NUTRI-SERVE'S NUTRITION ED CONCEPT: BALLOONS FOR A BALANCED LUNCH.

Nutri-Serve was founded and is presided over by Registered Dietitian, Karen Maier RD MS, who named her company Nutri-Serve to reflect her commitment to nutrition and service. Her nutrition education concept, *Balloons for a Balanced Lunch*, uses colored balloons to represent each school lunch food group. Students are encouraged to choose a balloon of each color for a balanced lunch (or reimbursable meal by USDA standards). Over the past 30 years, this concept has blossomed into our current marketing platform and serves as a basis for food tastings and nutrition education activities. Students are drawn to the kid-friendly serving line signage with the colored balloons identifying food components.

We look forward to a fun & healthy school year!

Diane Keck
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